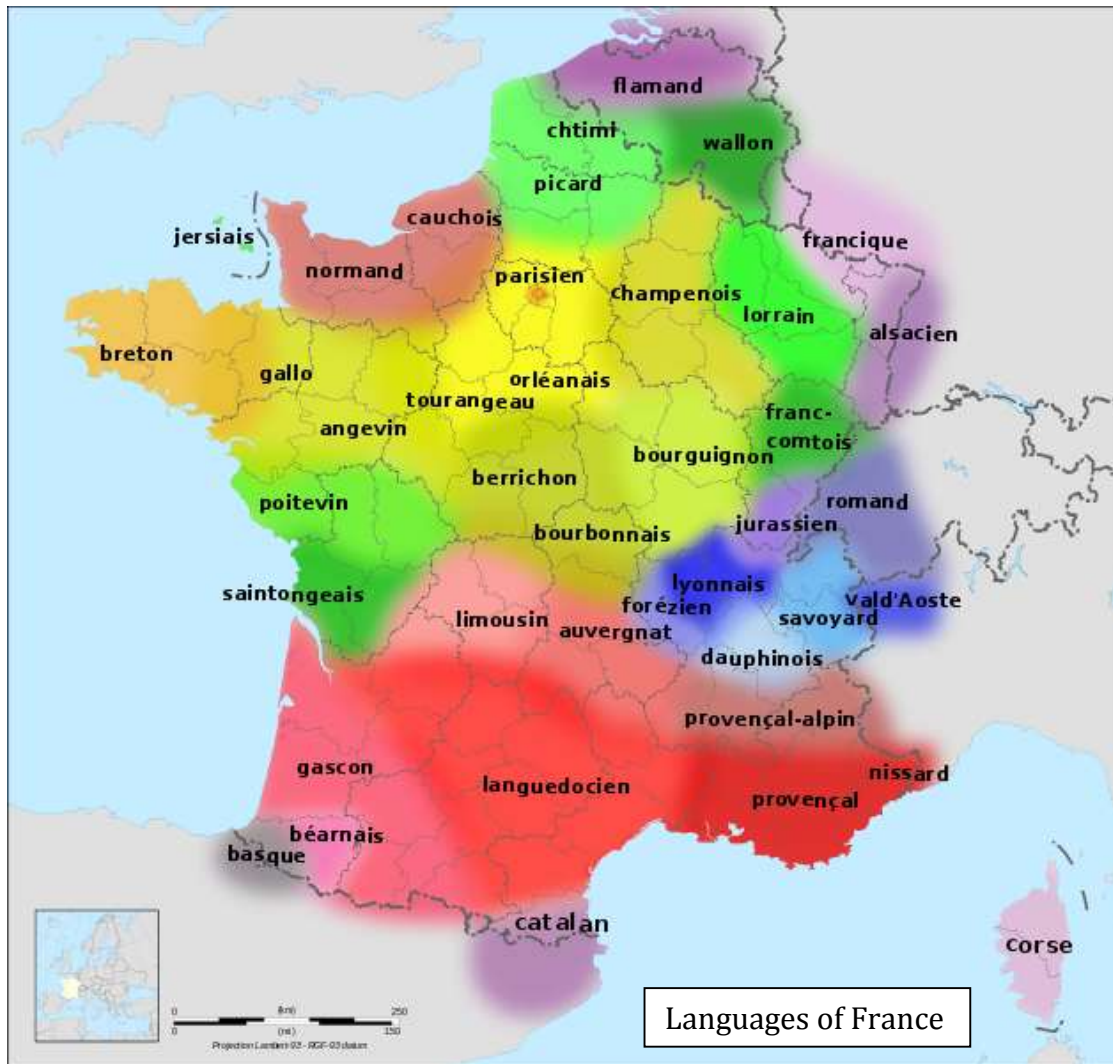


Folk dances from France

and surrounding countries (Western Europe)



Color index for dances in the list below:

- France: Bretagne
- France: Poitou
- France: Gascogne/Béarn
- France-Spain: Basque
- Other countries
- ** Danced in almost every balfolk in Western Europe
- * Often danced in balfolk

Find videos: Click on the dance names below

Find scores: Dances from Brittany: <http://www.breizh-partitions.fr/origine/Bretagne/>
Dance from France and elsewhere: <http://www.vitrifolk.be/partitions/partitions.html>

CIRCLE			
Dance name	Type	Native region	Difficulty
Bal limousine	Circle (in couple)	Poitou (France)	Medium
Bouetouse	Circle	Poitou (France)	Easy
Cercle circassien **	Circle (mixer)	Balfolk (distant origin: England)	Easy
Chapelloise **	Circle (mixer)	Balfolk (distant origin: Sweden)	Medium
Maraichine	Circle (in couple)	Poitou (France)	Medium
Mardi gras	Circle (in couple)	Poitou (France)	Medium
Pach Pi	Circle	Bretagne (France)	Easy
Pilé menu	Circle	Bretagne (France)	Easy
Polaie	Circle	Poitou (France)	Easy
Poraie	Circle	Poitou (France)	Easy
Rond de l'île d'Yeu	Circle	Poitou (France)	Medium
Rond de Landéda	Circle	Bretagne (France)	Easy
Rond de Loudéac / baleu / Riquegnée	Circle / couple	Bretagne (France)	Medium
Rond de Sautron	Circle	Bretagne (France)	Easy
Rond de St Vincent	Circle	Bretagne (France)	Easy
Rond et Bal Paludier	Circle	Bretagne (France)	Easy
Ronde de chantecorps	Circle	Poitou (France)	Medium
Sbrando	Circle	Italy	Medium
Tarantella	Circle	Italy	Easy
Tour	Circle	Bretagne (France)	Easy

CHAIN			
Dance name	Type	Native region	Difficulty
Andro *	Chain	Bretagne (France)	Easy
Andro retourné	Chain	Bretagne (France)	Easy
Branle d'Aussau	Chain	Gascogne (France)	Difficult
Branle de noirmoutier.	Two Chains facing each other	Poitou (France)	Medium
Branle de noirmoutier.	Two Chains facing each other	Brittany version	Medium
Dañs et bal Keff	Chain then cortege	Bretagne (France)	Medium
Dañs Léon	Two chains facing each other	Bretagne (France)	Medium
Fisel	Chain	Bretagne (France)	Difficult
Gavotte des montagnes / bal	Chain	Bretagne (France)	Medium
Hanter-dro *	Chain	Bretagne (France)	Easy
Kost ar'choat *	Chain	Bretagne (France)	Medium
Laridé	Chain (or circle)	Bretagne (France)	Easy
Plinn	Chain (or circle)	Bretagne (France)	Easy
Ridée	Chain (or circle)	Bretagne (France)	Easy
Trikot	Chain	Bretagne (France)	Easy

With 3 to 8 people

Dance name	Type	Native region	Difficulty
Avant deux a coutant	Square	Poitou (France)	Easy
Avant deux de travers	Square	Bretagne (France)	Easy
Avant deux droit	Square	Poitou (France)	Easy
Cochinchine	3 people	Denmark (danced in Bretagne)	Easy
Congo	Square	Gascogne (France)	Difficult
Gavotte de l'aven (entire)	Chain of 4 then figures at 2, 4 & 8	Bretagne (France)	Difficult
Gavotte de l'aven caresse *	Chain of 4	Balfolk (origin: Bretagne)	Easy
Rondeau en chaine	Chain of 4 to 7	Gascogne (France)	Easy

Couple

Dance name	Type	Native region	Difficulty
Bourrée 2 temps **	Line of couples	France	Easy
Bourrée 3 temps **	Couple	Auvergne (France)	Medium
Branle Haut-Agenais	Cortege	Gascogne (France)	Medium
Courenta Val Chisone	Cortege	Italy	Easy
Galop Nantais	Couple	Bretagne (France)	Easy
Hornpipe	Cortege	Ireland	Medium
Kas a barh	Cortege	Bretagne (France)	Easy
Mazurka folk **	Couple	Balfolk (distant origin: Poland)	Medium
Mazurka slow **	Couple	Balfolk	Medium
Polka **	Couple	Balfolk (distant origin: Czech)	Easy
Polska *	Cortege	Sweden	Medium
Porcher (zwiefacher)	Couple	Germany	Medium
Reels	Line of couples	Ireland	Medium
Rondeau	Cortege	Gascogne (France)	Easy
Scottish **	Couple	Balfolk (distant origin: Germany)	Easy
Scottish impaire **	Couple	Balfolk (France)	Easy
Valse 3 temps **	Couple	Balfolk (distant origin: Austria)	Easy
Valse 5 temps **	Couple	Balfolk	Easy
Valse 8 temps **	Couple	Balfolk	Easy
Valse 11 temps *	Couple	Balfolk	Medium
Valse ecossaise *	Couple	United kingdom	Medium

Alone

Dance name	Type	Native region	Difficulty
Bourrée en cercle	Alone in circle	Balfolk	Easy
Carnaval de Lantz	Alone in circle	Basque (France/Spain)	Difficult
Fandango / Arinarin	Alone in circle	Basque (France/Spain)	Very difficult
Mutxiko	Alone in circle	Basque (France/Spain)	Difficult
Pas d'été	Alone	Poitou (France)	Medium
Sept sauts *	Alone in circle	Basque (France/Spain)	Medium